



Spring 2025 - April 21st - June 30th

(10 weeks)

(CLOSED on Victoria Day - Monday May 19th)



Beginner and Intermediate Recreational Gymnastics Programs

**Assessment Required: Participants must meet required pre-requisite criteria for invitation only classes. Assessments available upon request.*

Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Tiny Tots – Girls/Boys (12 to 24 months) Class ratio – 8:1 (55 min/wk) \$230.00	4:30 - 5:25			9:30 - 10:25		9:00 - 9:55	9:00 - 9:55
Parent-and-Tot - Girls/Boys (2 to 3 years) Class ratio – 8:1 (55 min/wk) \$230.00	4:30 - 5:25 5:45 - 6:40	6:15 - 7:10	4:30 - 5:25	10:30 - 11:25 6:15 - 7:10		9:00 - 9:55 10:15 - 11:10	9:00 - 9:55 10:15 - 11:10
* Jr. Kindergym - Girls/Boys (with Parent assistance) (3 years or turning 3 within first half of the session) Class Ratio: 6:1 (55 min/wk) \$250.00			5:45 - 6:40			10:15 - 11:10	
Kindergym - Girls / Boys (3 to 5 years) Class Ratio: 6:1 (55 min/wk) \$250.00	4:30 - 5:25 5:45 - 6:40	6:15 - 7:10	4:30 - 5:25 5:45 - 6:40	9:30 - 10:25 10:30 - 11:25 11:30 - 12:25 6:15 - 7:10	4:30 - 5:25 5:45 - 6:40	9:00 - 9:55 10:15 - 11:10	9:00 - 9:55 10:15 - 11:10 11:30 - 12:25
Sr. Kindergym - Girls / Boys (5 to 6 years) Class Ratio: 8:1 (1hr 25 min/wk) \$340.00		4:30 - 5:55		4:30 - 5:55		11:30 - 12:55	11:30 - 12:55
Girls Gymnastics (6 to 9 years) Class Ratio: 8:1 (1 hr 25 min/wk) \$340.00	7:00 - 8:25	4:30 - 5:55 7:30 - 8:55	7:00 - 8:25	4:30 - 5:55 7:30 - 8:55	7:00 - 8:25	11:30 - 12:55 1:30 - 2:55	1:30 - 2:55
Teen Girls Gymnastics (10 to 18 years) Class Ratio: 8:1 (1 hr 25 min/wk) \$340.00	7:00 - 8:25	7:30 - 8:55	7:00 - 8:25	7:30 - 8:55	7:00 - 8:25	1:30 - 2:55	
Boys / Teen Boys Gymnastics (6 to 16 years) Class Ratio: 8:1 (1 hr 25 min/wk) \$340.00			7:00 - 8:25				
Intermediate Teen Girls Gymnastics (10 to 18 years) Class Ratio: 8:1 (2 hr 25 min/wk) \$415.00					6:00 - 8:25		

Recreational Tumbling Programs

Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Recreational Tumbling Girls / Boys (7 to 18 years) Class Ratio: 8:1 (1hr 25min/wk) \$340.00	7:00-8:25	6:30 - 7:55	5:00 - 6:25		4:30 - 5:55	9:00 - 10:25	1:00 - 2:25
* Intermediate Tumbling Girls / Boys (7 to 18 years) Class Ratio: 8:1 (1hr 25min/wk) \$340.00			6:45 - 8:10	4:30 - 5:55		1:30 - 2:55	

Specialty Programs

Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
*Home School - Girls/Boys (6 years and up) Class Ratio: 8:1 (55 min/wk) \$175.00				11:30 - 12:25			
Jr. Ninja Gym - Girls/Boys Girls / Boys (4 to 6 years) Class Ratio: 6:1 (55min/wk) \$270.00			4:30 - 5:25 5:45 - 6:40	10:30 - 11:30			
Ninja Gym Girls/Boys (6 to 9 years) Class Ratio: 8:1 (55min/wk) \$240.00	4:30 - 5:25 5:45 - 6:40	6:15 - 7:10	7:00 - 7:55	11:30 - 12:30 6:15 - 7:10		9:00 - 9:55 10:15 - 11:10	1:00 - 1:55

Advanced Recreational Gymnastics Programs

**Assessment Required: Participants must meet required pre-requisite skills for intermediate and advanced classes. Assessments available upon request.*

Please note: All advanced class times are subject to change due to coach availability.

Advanced Kindergym	Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
* Advanced Kindergym Girls / Boys (3 to 5 years) Class Ratio: 7:1 (1 hr 25 min/wk)	\$340.00		5:00 - 6:25		4:30-5:55		10:30 - 11:55 11:30 - 12:55	
* Advanced Kindergym 1 Girls (4 to 6 years) Class Ratio: 7:1 (2 classes x 1hr 25min/wk)	\$465.00			4:30 - 5:55 (A)		4:30 - 5:55 (A)		
Advanced Girls Gym	Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
* Advanced Girls Gym (6 to 17 years) Class Ratio: 8:1 (2 classes x 1hr 25min/wk)	\$472.00			4:30 - 5:55 (A) 6:30 - 7:55 (B)	6:15 - 7:40 (C)	4:30 - 5:55 (A) 6:30 - 7:55 (B)	11:30 - 12:55 (C)	
* Advanced Girls 1 (6 to 17 years) Class Ratio: 8:1 (2 classes x 1hr 55 min/wk)	\$582.00		6:30 - 8:25 (A)	6:30 - 8:25 (B)		6:30 - 8:25 (B)	1:00 - 2:55 (A)	
* Advanced Girls 2 (6 years to 17) Class Ratio: 8:1 (2 classes x 2hr 55 min/wk)	\$690.00			5:30 - 8:25 (A)	5:30 - 8:25 (B)		12:30 - 3:25 (B)	9:00 - 11:55 (A)
* Advanced Girls 3 (6 to 17 years) Class Ratio: 8:1 (2 classes x 3hr 55 min/wk)	\$840.00							

Advanced Tumbling Programs

Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
* Advanced Tumbling Girls / Boys (7 to 18 years) Class Ratio: 8:1 (1 hr 55 min/wk)	\$407.00		6:30 - 8:25				
* Advanced Tumbling 1 Girls / Boys (7 to 18 years) Class Ratio: 8:1 (1 hr 55 min/wk)	\$407.00		6:30 - 8:25				

Family discounts: 5% off on second child (or program) 10% off on third child (or program) <i>(*lower rates respectively, applies to class fees only)</i>	No Classes: Monday May 19th (Victoria Day) Our session starts and ends on a Monday with all days having 10 weeks Admin/Gymnastics Ontario insurance fee of \$50 required (valid July 1- June 30, mandatory, non-refundable) **** HST applicable to all fees****	*** Please note: all class times are subject to change *** No make-up classes available
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Start & End Dates for Spring Session

CLASS DAY OF THE WEEK	START DATES	END DATES
Monday	April 21st	June 30th
Tuesday	April 22nd	June 24th
Wednesday	April 23rd	June 25th
Thursday	April 24th	June 26th
Friday	April 25th	June 27th
Saturday	April 26th	June 28th
Sunday	April 27th	June 29th