



Winter 2025 - January 6th - April 14th

(14 weeks)

(CLOSED on Family Day - Monday February 17th)



Beginner and Intermediate Recreational Gymnastics Programs

*Assessment Required: Participants must meet required pre-requisite criteria for invitation only classes. Assessments available upon request.

Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Tiny Tots – Girls/Boys (12 to 24 months) Class ratio – 8:1 (55 min/wk)	\$310.00	4:30 - 5:25			9:30 - 10:25		9:00 - 9:55 9:00 - 9:55
Parent-and-Tot - Girls/Boys (2 to 3 years) Class ratio – 8:1 (55 min/wk)	\$310.00	4:30 - 5:25 5:45 - 6:40	6:15 - 7:10	4:30 - 5:25	10:30 - 11:25 6:15 - 7:10	4:30 - 5:25 5:45 - 6:40	9:00 - 9:55 10:15 - 11:10 9:00 - 9:55 10:15 - 11:10
* Jr. Kindergym - Girls/Boys (with Parent assistance) (3 years or turning 3 within first half of the session) Class Ratio: 6:1 (55 min/wk)	\$330.00			5:45 - 6:40			10:15 - 11:10
Kindergym - Girls / Boys (3 to 5 years) Class Ratio: 6:1 (55 min/wk)	\$330.00	4:30 - 5:25 5:45 - 6:40	6:15 - 7:10	4:30 - 5:25 5:45 - 6:40	9:30 - 10:25 10:30 - 11:25 11:30 - 12:25 6:15 - 7:10	4:30 - 5:25 5:45 - 6:40	9:00 - 9:55 10:15 - 11:10 11:30 - 12:25 9:00 - 9:55 10:15 - 11:10 11:30 - 12:25
Sr. Kindergym - Girls / Boys (5 to 6 years) Class Ratio: 8:1 (1hr 25 min/wk)	\$440.00		4:30 - 5:55		4:30 - 5:55		11:30 - 12:55 11:30 - 12:55
Girls Gymnastics (6 to 9 years) Class Ratio: 8:1 (1 hr 25 min/wk)	\$440.00	7:00 - 8:25	4:30 - 5:55 7:30 - 8:55	7:00 - 8:25	4:30 - 5:55 7:30 - 8:55	7:00 - 8:25	11:30 - 12:55 1:30 - 2:55 1:30 - 2:55
Teen Girls Gymnastics (10 to 18 years) Class Ratio: 8:1 (1 hr 25 min/wk)	\$440.00	7:00 - 8:25	7:30 - 8:55	7:00 - 8:25	7:30 - 8:55	7:00 - 8:25	1:30 - 2:55
Boys / Teen Boys Gymnastics (6 to 16 years) Class Ratio: 8:1 (1 hr 25 min/wk)	\$440.00			7:00 - 8:25			

Recreational Tumbling Programs

Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Recreational Tumbling Girls / Boys (7 to 18 years) Class Ratio: 8:1 (1hr 25min/wk)	\$455.00	7:00-8:25	6:30 - 7:55	5:00 - 6:25		4:30 - 5:55	9:00 - 10:25 1:00 - 2:25
* Intermediate Tumbling Girls / Boys (7 to 18 years) Class Ratio: 8:1 (1hr 25min/wk)	\$455.00			6:45 - 8:10	4:30 - 5:55	1:30 - 2:55	

Specialty Programs

Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Ninja Gym - Girls/Boys (6 years to 9 years) Class Ratio: 8:1 (55min/wk)	\$315.00	4:30 - 5:25 5:45 - 6:40	6:15 - 7:10		6:15 - 7:10	7:00 - 7:55	9:00 - 9:55 10:15 - 11:10 1:00 - 1:55
*Home School - Girls/Boys (6 years and up) Class Ratio: 8:1 (55 min/wk)	\$245.00				11:30 - 12:25		

Advanced Recreational Gymnastics Programs

**Assessment Required: Participants must meet required pre-requisite skills for intermediate and advanced classes. Assessments available upon request.*

Please note: All advanced class times are subject to change due to coach availability.

Advanced Kindergym	Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
* Advanced Kindergym Girls / Boys (3 to 5 years) Class Ratio: 7:1 (1 hr 25 min/wk)	\$440.00		5:00 - 6:25		4:30-5:55		11:30-12:55	
* Advanced Kindergym 1 Girls (4 to 6 years) Class Ratio: 7:1 (2 classes x 1hr 25min/wk)	\$650.00			4:30 - 5:55 (A)		4:30 - 5:55 (A)		

Advanced Girls Gym	Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
* Advanced Girls Gym (6 to 17 years) Class Ratio: 8:1 (2 hr 55 min/wk)	\$660.00			4:30 - 5:55 (A) 6:30 - 7:55 (B)	6:15 - 7:40 (C)	4:30 - 5:55 (A) 6:30 - 7:55 (B)	11:30 - 12:55 (C)	
* Advanced Girls 1 (6 to 17 years) Class Ratio: 8:1 (2 classes x 1hr 55 min/wk)	\$815.00		6:30 - 8:25 (A)	6:30 - 8:25 (B)		6:30 - 8:25 (B)	1:00 - 2:55 (A)	
* Advanced Girls 2 (6 years to 17) Class Ratio: 8:1 (2 classes x 2hr 55 min/wk)	\$965.00			5:30 - 8:25 (A)				9:00 - 11:55 (A)
* Advanced Girls 3 (6 to 17 years) Class Ratio: 8:1 (2 classes x 3hr 55 min/wk)	\$1,175.00				4:30 - 8:25 (A)		12:00 - 3:55 (A)	

Advanced Tumbling Programs

	Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
* Advanced Tumbling Girls / Boys (7 to 18 years) Class Ratio: 8:1 (1 hr 55 min/wk)	\$570.00		6:30 - 8:25					
* Advanced Tumbling 1 Girls / Boys (7 to 18 years) Class Ratio: 8:1 (1 hr 55 min/wk)	\$570.00		6:30 - 8:25					

<p>Family discounts: 5% off on second child (or program) 10% off on third child (or program) <i>(*lower rates respectively, applies to class fees only)</i></p>	<p style="text-align: center;">No Classes: Monday February 17th (Family Day) Due to this our session starts and ends on a Monday</p> <p style="text-align: center;">Admin/Gymnastics Ontario insurance fee of \$50 required (valid July 1- June 30, mandatory, non-refundable) **** HST applicable to all fees****</p>	<p>*** Please note: all class times are subject to change *** No make-up classes available</p>
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Start & End Dates for Fall Session

CLASS DAY OF THE WEEK	START DATES	END DATES
Saturday	January 11th	April 12th
Sunday	January 12th	April 13th
Monday	January 6th	April 14th
Tuesday	January 7th	April 8th
Wednesday	January 8th	April 9th
Thursday	January 9th	April 10th
Friday	January 10th	April 11th