



SPRING 2026
April 6 - June 29
(12 weeks)

Beginner and Intermediate Recreational Gymnastics Programs

**Assessment Required: Participants must meet required pre-requisite criteria for invitation only classes. Assessments available upon request.*

Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Tiny Tots – Girls/Boys (12 to 24 months) Class ratio – 8:1 (55 min/wk)	\$285.00	4:30 - 5:25			9:30 - 10:25		9:00 - 9:55 9:00 - 9:55
Parent-and-Tot - Girls/Boys (2 to 3 years) Class ratio – 8:1 (55 min/wk)	\$285.00	4:30 - 5:25 5:45 - 6:40	6:15 - 7:10	4:30 - 5:25	10:30 - 11:25 6:15 - 7:10		9:00 - 9:55 10:15 - 11:10 9:00 - 9:55 10:15 - 11:10
* Jr. Kindergym - Girls/Boys (with Parent assistance) (3 years in first half of session) Class Ratio: 6:1 (55 min/wk)	\$305.00			5:45 - 6:40			10:15 - 11:10
Kindergym - Girls/Boys (3 to 5 years) Class Ratio: 6:1 (55 min/wk)	\$305.00	4:30 - 5:25 5:45 - 6:40	6:15 - 7:10	4:30 - 5:25 5:45 - 6:40	9:30 - 10:25 10:30 - 11:25 11:30 - 12:25 6:15 - 7:10	4:30 - 5:25 5:45 - 6:40	9:00 - 9:55 10:15 - 11:10 9:00 - 9:55 10:15 - 11:10 11:30 - 12:25
Sr. Kindergym - Girls/Boys (5 to 6 years) Class Ratio: 8:1 (1hr 25 min/wk)	\$415.00		4:30 - 5:55		4:30 - 5:55		11:30 - 12:55 11:30 - 12:55
Girls Gymnastics (6 to 9 years) Class Ratio: 8:1 (1 hr 25 min/wk)	\$415.00	7:00 - 8:25	4:30 - 5:55 7:30 - 8:55	7:00 - 8:25	4:30 - 5:55 7:30 - 8:55	7:00 - 8:25	11:30 - 12:55 1:30 - 2:55 1:30 - 2:55
Teen Girls Gymnastics (10 to 18 years) Class Ratio: 8:1 (1 hr 25 min/wk)	\$415.00	7:00 - 8:25	7:30 - 8:55	7:00 - 8:25	7:30 - 8:55	7:00 - 8:25	1:30 - 2:55
Boys/Teen Boys Gymnastics (6 to 16 years) Class Ratio: 8:1 (1 hr 25 min/wk)	\$415.00		7:00 - 8:25				
Girls Strength and Gymnastics (6+ years) Class Ratio: 8:1 (1 hr 55 min/wk)	\$460.00				6:15 - 8:10		
* Intermediate Teen Girls Gym (10 to 18 years) Class Ratio: 8:1 (2 hr 25 min/wk)	\$520.00			6:00 - 8:25		6:00 - 8:25	

Recreational Tumbling Programs

Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Recreational Tumbling Girls / Boys (7 to 18 years) Class Ratio: 8:1 (1hr 25min/wk)	\$415.00	7:00-8:25	6:45 - 8:10	5:00 - 6:25			9:00 - 10:25 1:00 - 2:25
* Intermediate Tumbling Girls / Boys (7 to 18 years) Class Ratio: 8:1 (1hr 25min/wk)	\$415.00			6:45 - 8:10	4:30 - 5:55		10:30 - 11:55

Specialty Programs

Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Do It All Combo Class Gymnastics & Ninja Events (6 to 12 years) Class Ratio: 8:1 (1hr 55 min/wk)	\$460.00						3:00 - 4:55
*Home School Girls/Boys (6 years and up) Class Ratio: 8:1 (55 min/wk)	\$225.00				11:30 - 12:25		
Ninja Drop-In Class Girls / Boys (5 to 9 years) Class Ratio 6:1 (55min/wk)	\$20.00				4:30 - 5:25		
Kinder Drop-In Girls/Boys (3 to 5 years) Class Ratio: 6:1 (55min/wk)	\$15.00				4:30 - 5:25 5:45 - 6:40		
Co-Ed Drop-In Girls/Boys (6 to 9 years) Class Ratio: 6:1 (55min/wk)	\$15.00				5:45 - 6:40		

Ninja Programs

Ninja Gym	Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jr. Ninja Gym Girls/Boys (4 to 6 years) Class Ratio: 6:1 (55min/wk)	\$340.00	4:30 - 5:25		4:30 - 5:25 5:45 - 6:40				
Ninja Gym Girls/Boys (6 to 9 years) Class Ratio: 8:1 (55min/wk)	\$310.00	5:45 - 6:40	6:15 - 7:10	7:00 - 7:55			10:15 - 11:10	1:00 - 1:55

Advanced Recreational Gymnastics Programs

***Assessment Required:** Participants must meet required pre-requisite skills for intermediate and advanced classes. Assessments available upon request.
Please note: All advanced class times are subject to change due to coach availability.

Advanced Kindergym	Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
* Advanced Kindergym Girls / Boys (3 to 5 years) Class Ratio: 7:1 (1 hr 25 min/wk)	\$425.00		5:00 - 6:25		4:30-5:55		9:00 - 10:25 10:30 - 11:55	
* Advanced Kindergym 1 Girls (4 to 6 years) Class Ratio: 7:1 (2 classes x 1hr 25min/wk)	\$560.00			4:30 - 5:55 (A)		4:30 - 5:55 (A)		

Advanced Girls Gym	Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
* Advanced Girls 1 (6 to 17 years) Class Ratio: 8:1 (2hr 55 min/wk)	\$585.00			4:30 - 7:25 (A)	6:00 - 8:55 (B)	5:30 - 8:25 (C)	1:00 - 3:55 (D)	
* Advanced Girls 2 (6 years to 17) Class Ratio: 8:1 (2 classes x 2hr 55 min/wk)	\$885.00			5:30 - 8:25 (A)	4:30 - 7:25 (B)	5:30 - 8:25 (A)		9:00 - 11:55 (B)
* Advanced Girls 3 (6 to 17 years) Class Ratio: 8:1 (2 classes x 3hr 55 min/wk)	\$1,080.00		4:30 - 8:25 (A)				12:30 - 4:25 (A)	

Advanced Tumbling Programs

Advanced Tumbling	Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
* Advanced Tumbling Girls / Boys (7 to 18 years) Class Ratio: 8:1 (1 hr 55 min/wk)	\$500.00		6:30 - 8:25					
* Advanced Tumbling 1 Girls / Boys (7 to 18 years) Class Ratio: 8:1 (1 hr 55 min/wk)	\$500.00		6:30 - 8:25					

Family discounts:
 5% off on second child (or program)
 10% off on third child (or program)
 (*lower rates respectively, applies to class fees only)

No Classes: Monday May 18, 2026
 Our session starts and ends on a Monday with all days having 12 weeks

Admin/Gymnastics Ontario insurance fee of \$50 required
 (valid July 1- June 30, mandatory, non-refundable)
 **** HST applicable to all fees****

Please note: all class times are subject to change

**** No make-up classes available ****

Start & End Dates for Spring Session

CLASS DAY OF THE WEEK	START DATES	END DATES
Monday	April 6th	June 29th
Tuesday	April 7th	June 23rd
Wednesday	April 8th	June 24th
Thursday	April 9th	June 25th
Friday	April 10th	June 26th
Saturday	April 11th	June 27th
Sunday	April 12th	June 28th