



Fall 2026
September 14 - December 21
(14 weeks)

Beginner and Intermediate Recreational Gymnastics Programs

**Assessment Required: Participants must meet required pre-requisite criteria for invitation only classes. Assessments available upon request.*

Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Tiny Tots – Girls/Boys (12 to 24 months) Class ratio – 8:1 (50 min/wk) \$340.00	4:30 - 5:20		4:30 - 5:20	9:30 - 10:20 4:30 - 5:20		9:00 - 9:50	9:00 - 9:50
Parent-and-Tot - Girls/Boys (2 to 3 years) Class ratio – 8:1 (50 min/wk) \$340.00	4:30 - 5:20 5:30 - 5:20	4:30 - 5:20 5:30 - 5:20	4:30 - 5:20 5:30 - 5:20	9:30 - 10:20 4:30 - 5:20		9:00 - 9:50 10:00 - 10:50	9:00 - 9:50 10:00 - 10:50
* Jr. Kindergym - Girls/Boys (with Parent assistance) (3 years in first half of session) Class Ratio: 6:1 (50 min/wk) \$370.00		5:30 - 6:20		5:30 - 6:20		10:00 - 10:50	
Kindergym - Girls/Boys (3 to 5 years) Class Ratio: 6:1 (50 min/wk) \$370.00	4:30 - 5:20 5:30 - 6:20	4:30 - 5:20 6:00 - 6:50	4:30 - 5:20 5:30 - 6:20	9:30 - 10:20 10:30 - 11:20 11:30 - 12:20 4:30 - 5:20 5:30 - 6:20		9:00 - 9:50 10:00 - 10:50 11:00 - 11:50	9:00 - 9:50 10:00 - 10:50 11:00 - 11:50
Sr. Kindergym - Girls/Boys (5 to 6 years) Class Ratio: 8:1 (1hr 20 min/wk) \$475.00			4:30 - 5:50	5:30 - 6:50		11:00 - 12:20	11:00 - 12:20
Girls Gymnastics (6 to 9 years) Class Ratio: 8:1 (1 hr 20 min/wk) \$475.00	6:30 - 7:50	4:30 - 5:50 6:30 - 7:50 7:00 - 8:20	6:00 - 7:20 6:30 - 7:50	6:30 - 7:50 7:00 - 8:20		11:00 - 12:20 1:00 - 2:20	11:00 - 12:20 1:00 - 2:20
Teen Girls Gymnastics (10 to 18 years) Class Ratio: 8:1 (1 hr 20 min/wk) \$475.00	6:30 - 7:50	7:00 - 8:20	6:30 - 7:50	7:00 - 8:20		1:00 - 2:20	
Boys/Teen Boys Gymnastics (6 to 16 years) Class Ratio: 8:1 (1 hr 20 min/wk) \$475.00		7:00 - 8:20					
* Intermediate Girls Gym (6 to 10 years) Class Ratio: 8:1 (2 hr/wk) \$525.00			6:00 - 8:00				
* Intermediate Teen Girls Gym (10 to 18 years) Class Ratio: 8:1 (2 hr/wk) \$525.00			6:30 - 8:30			1:00 - 3:00	

Recreational Tumbling Programs

Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Recreational Tumbling Girls / Boys (7 to 18 years) Class Ratio: 8:1 (1hr 20min/wk) \$475.00	6:30 - 7:50	6:30 - 7:50	4:30 - 5:50 6:30 - 7:50			12:30 - 1:50	12:30 - 1:50
* Intermediate Tumbling Girls / Boys (7 to 18 years) Class Ratio: 8:1 (1hr 20min/wk) \$475.00			6:00 - 7:20	6:30 - 7:50	6:30 - 7:50	2:00 - 3:20	12:30 - 1:50

Specialty Programs

Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Do It All Combo Class Gymnastics & Ninja Events (6 to 12 years) Class Ratio: 8:1 (1hr 50 min/wk) \$540.00			6:30 - 8:30			11:00 - 1:00	
*Home School Girls/Boys (6 years and up) Class Ratio: 8:1 (50 min/wk) \$310.00				11:30 - 12:30			
Ninja Drop-In Class Girls / Boys (5 to 9 years) Class Ratio 6:1 (50min/wk)							
Kinder Drop-In Girls/Boys (3 to 5 years) Class Ratio: 6:1 (50min/wk)							
Co-Ed Drop-In Girls/Boys (6 to 9 years) Class Ratio: 6:1 (50min/wk)							

Ninja Programs								
Ninja Gym	Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jr. Ninja Gym Girls/Boys (4 to 6 years) Class Ratio: 6:1 (50min/wk)	\$415.00	4:30 - 5:20	5:30 - 6:20	4:30 - 5:20			9:00 - 9:50	9:00 - 9:50 10:00 - 10:50
Ninja Gym Girls/Boys (6 to 9 years) Class Ratio: 8:1 (50min/wk)	\$375.00	5:30 - 6:20		5:30 - 6:20	4:30 - 5:20		10:00 - 10:50	1:00 - 1:50

Advanced Recreational Gymnastics Programs

**Assessment Required: Participants must meet required pre-requisite skills for intermediate and advanced classes. Assessments available upon request.
Please note: All advanced class times are subject to change due to coach availability.*

Advanced Kindergym	Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
* Advanced Kindergym Girls / Boys (3 to 5 years) Class Ratio: 7:1 (1 hr 30 min/wk)	\$510.00		4:30 - 5:50	4:30 - 5:50	5:00 - 6:20	4:30 - 5:50	9:00 - 10:30	
* Advanced Kindergym 1 Girls (4 to 6 years) Class Ratio: 7:1 (2 classes x 1hr 30min/wk)	\$680.00			4:30 - 6:00 (A)			10:30 - 12:00 (A)	
Advanced Girls Gym	Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
* Advanced Girls 1 (6 to 17 years) Class Ratio: 8:1 (3hr /wk)	\$655.00			4:30 - 7:30 (A)	4:30 - 7:30 (B)	5:00 - 8:00 (C)	9:00 - 12:00 (D) 12:00 - 3:00 (E)	
* Advanced Girls 2 (6 years to 17) Class Ratio: 8:1 (2 classes x 3hr/wk)	\$955.00			5:00 - 8:00 (A) 5:30 - 8:30 (B)		5:00 - 8:00 (A)		9:00 - 12:00 (B)
* Advanced Girls 3 (6 to 17 years) Class Ratio: 8:1 (2 classes x 4hr/wk)	\$1,150.00		4:30 - 8:30 (A)				12:30 - 4:30 (A)	

Advanced Tumbling Programs								
Advanced Tumbling	Fees (HST+)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
* Advanced Tumbling Girls / Boys (7 to 18 years) Class Ratio: 8:1 (2 hr/wk)	\$595.00		6:30 - 8:25					
* Advanced Tumbling 1 Girls / Boys (7 to 18 years) Class Ratio: 8:1 (2 hr/wk)	\$595.00		6:30 - 8:25					

<p>Family discounts: 5% off on second child (or program) 10% off on third child (or program) (*lower rates respectively, applies to class fees only)</p>	<p>No Classes: Monday October 12, 2026 Our session starts and ends on a Monday with all days having 14 weeks</p> <p>Admin/Gymnastics Ontario insurance fee of \$55 required (valid July 1- June 30, mandatory, non-refundable) **** HST applicable to all fees****</p>	<p>Please note: all class times are subject to change</p> <p align="center">** No make-up classes available **</p>
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Start & End Dates for Spring Session		
CLASS DAY OF THE WEEK	START DATES	END DATES
Monday	September 14th	December 21st
Tuesday	September 15th	December 15th
Wednesday	September 16th	December 16th
Thursday	September 17th	December 17th
Friday	September 18th	December 18th
Saturday	September 19th	December 19th
Sunday	September 20th	December 20th